

## Legion Learning & Lounge Overview:

The Legion Learning and Lounge project is an innovative Initiative designed to create a welcoming space where older adults in rural areas can come together to learn, socialize, and stay connected.

## Project Goals:

- 01 Reduce Social Isolation**
- 02 Enhance Physical and Mental Well-Being**
- 03 Promoting Lifelong Learning Among Older Adults**
- 04 Strengthen Community Engagement**

## Legion Learning & Legion Lounge Current Stage

The Legion Learning and Legion Lounge are ongoing initiatives that host educational sessions and presentations on a weekly basis. These sessions cover a wide range of topics, including technology, current events, healthcare, and more, with the goal of educating the senior population. At this stage, Gateway Research Assistants are available to provide basic technical support, and individuals also have access to the driving simulator to practice their driving skills and gain more confidence behind the wheel.

## Project Timeline:

- 01 Literature Review and Secondary Data Collection**
- 02 Grant Writing**
- 03 Receive Funding & Create Program**
- 04 Launch Presentation Schedule**
- 05 Survey and Evaluate Intervention**

## Project Background:

### Legion Learning:

This project aims to bridge the gap between seniors and technology use by pairing non-technology-savvy seniors with local seniors who are technologically inclined. This project promotes volunteerism among seniors, supports social participation and inclusion, and will decrease social isolation among our elderly population.

### Legion Lounge:

A social lounge and café to promote social engagement and collaboration. It serves as a welcoming, vibrant space where the community can come together to form friendships, enjoy light refreshments, and build a sense of belonging. The project will improve seniors' health and wellness by promoting physical activity through physical games, improving mental stimulation through trivia and puzzle games, and enhancing social interaction.



Engaging



Inclusive



Empowering



Supportive